



# Annual Report 2023





# Education

## SACU COACHING QUALIFICATIONS

In partnership with sportscotland, the SACU have created two new Scottish Coaching Certificate (SCC) qualifications which are accredited by the SQA. Both qualifications are now live and can be delivered to coaches of all motorcycle sport disciplines. The SACU Coaching Motorcycle Sport (Level 1) is accredited at SCQF Level 5. This qualification is suitable for individuals who are taking the first step in their coaching career and will enable them to assist a fully accredited coach to deliver on the basic principles of their discipline. The SACU Coaching Motorcycle Sport (Level 2) is accredited at SCQF Level 6. This qualification enables a coach to plan and deliver sessions unassisted.

The course focuses on the key principles of coaching such as the “Plan, Do and Review” model, risk assessment procedures, giving and receiving feedback etc. within the context of the coach’s specific discipline. To achieve their qualification, each coach will apply the principles of coaching during practical delivery sessions of their discipline. The purpose of the qualification is to enable coaches to become self-sustaining; they will not be taught specific drills and skills necessarily; they are expected to already possess this knowledge/these skills or be able to work out for themselves how to gather the information they require to help their riders develop.

Additional to their SCQF qualification, as part of both courses, coaches will also achieve their Child Wellbeing and Protection in Sport (CWPS) certificate and the Emergency First Aid at Work (EFAW) qualification.

SACU Education and Development Officer (EDO), Adam Paterson, successfully delivered the first SACU Coaching Motorcycle Sport (Level 2) qualification to 6 participants with backgrounds in Enduro, Motocross and Trials. Two additional participants have completed 90% of their qualification and will be presented with their award in 2024 once complete. This will bring the total of SACU fully accredited coaches to 8.

# Education

## SACU OFFICIALS TRAINING

To relieve some pressure on the Discipline Committees, the SACU Office brought all Off-Road Officials training back in-house. Removing the requirement of Discipline Chairs to organise and/or deliver Officials training freed them up to focus on other key areas of business. SACU EDO, Adam Paterson, has been busy working with each of the Off-Road disciplines to plan, deliver training and assign licences to our community of Officials.

We have been able to take a more flexible approach this year by offering both in-person and online training opportunities. As we are now set up to deliver online sessions, we have been able to offer a wider variety of days and times to Officials, making it easier for them to fit in around their busy schedules.

This year, Adam has delivered 20 sessions in total, 9 of which were in person and 11 over Zoom. The total number of Officials who have undergone their training and received their licence in 2023 is 115:

- Trials = 67
- Motocross = 15
- Enduro = 33

If you would like to sign up for a coaching qualification or apply for/renew your licence in 2024, please contact [adam.paterson@sacu.co.uk](mailto:adam.paterson@sacu.co.uk)

# Education

## Internship Programme



The Standards for Child Wellbeing and Protection in Sport provide a framework to help all sports organisations, clubs and groups work towards creating a positive, safe environment for children and young people. As part of our commitment towards taking children and young people's views into account and ensuring that they have opportunities to be involved in decisions affecting them, the SACU have been working with university students and school pupils to provide internships and short-term work experience opportunities.

This year, the SACU welcomed a master's student from the University of Stirling as a summer intern. As part of his Sports Management degree, Yukesh Ramasamy volunteered to undergo work experience within the sports development industry. With a personal background in motorcycle sport as a keen road racer and motocross rider, Yukesh was interested in gaining experience in the areas of coaching, event management and managing volunteers. In partnership with Kingdom Off-Road Motorcycle Club, Yukesh assisted in coaching sessions, helped as an official and carried out research into funding opportunities to help the club grow.

The SACU have also been working closely with West Lothian schools offering work experience opportunities for third- and fourth-year high school pupils. In May, we hosted a pupil from Bathgate Academy. During the week, we covered a variety of different activities to provide a crash course in the world of work. We visited Knockhill Racing Circuit and had an event planning meeting with Stuart Gray, we visited the motocross track at Cardenden to participate in a coached session, the pupil assisted our EDO during a schools visit to Linlithgow Academy and on the final day, we tapped into the his interests surrounding construction and engineering and carried out research on track safety design with a particular focus on crash barriers and methods used to slow and stop bikes as quickly and safely as possible.

In October, we welcomed a second high school pupil from St Margarets Academy in Livingston to the SACU Office. He expressed a keen interest in accounting and office work; therefore, we catered the week around his skill set. During the week, he took part in administrative duties, staff meetings and meetings with external partners such as Children1st and other governing bodies of sport.

Looking to 2024, we are currently in discussions with Broxburn Academy and are planning to host 2 of their pupils in February.

# Education

## First Aid Qualifications



In November, the SACU successfully delivered another Emergency First Aid at Work (EFAW) qualification to 5 participants. The newly qualified First Aiders were trained in CPR and the safe use of an AED, choking procedures, how to deal with major bleeding and hypovolaemic shock, seizures, and minor injuries within the context of a motorcycle sport event. It is a requirement of all coaching qualifications that if a coach does not already have an appropriate basic First Aid qualification, they are required to undertake their training.

At the SACU, we can deliver several different First Aid related qualifications alongside uncertified training sessions. Training is currently being offered to SACU Officials free of charge and we will select the most appropriate qualification/session to suit each club/event/individual's specific requirements.

Another qualification we can deliver is Basic Life Saving and Safe use of an AED half day course. We will be delivering this course in February 2024 to up to 12 participants from the Galloway Motorcycle Club.

If you or anyone you know are interested in any First Aid related qualification or training, please contact Gillian Sefton – [gillian.sefton@sacu.co.uk](mailto:gillian.sefton@sacu.co.uk) – who will organise this.

# Education

## STEM in Schools Programme



The SACU have created a tailored educational programme for schools with a focus on STEM subjects within a motorcycle sport context. Relating to Science (S), Technology (T) Engineering (E), and Maths (M), the programme has been built around the Scottish schools Curriculum for Excellence with topics including but not limited to mechanics, engineering, sport and activity, safety and assessing risk, first aid etc.

In 2023, the SACU successfully piloted this programme in one Primary School and one High School. EDO, Adam Paterson, delivered a 6-week programme at Quarry Brae Primary School in Glasgow and a 4 week programme at Linlithgow Academy in West Lothian in partnership with Tim Bradshaw #BecauseICan, Martin Williamson from Team MotoJoe, Kingdom Off-Road Motorcycle Club, the Rural Urban Training Scheme (RUTS) and the Scottish Motorsports Marshals Club (SMMC). Having received excellent feedback from the students, teachers and active schools' coordinators, the SACU have started planning to expand in 2024.

The development team are currently in discussions with 6 new local authorities who are interested in engaging with the school's programme; these include Stirling, Dundee City, Fife, Moray, Highlands and Islands and Argyll and Bute.

## UK Anti-Doping (UKAD)

There is now under a month to go until the World Anti-Doping Agency (WADA) 2024 List of Prohibited Substances and Methods in Sports comes into effect. One of the major modifications to the 2024 List is that WADA will prohibit Tramadol in-competition. In response to this change, UKAD has developed a new Therapeutic Use Exemption (TUE) Position Statement that sets out guidance for how athletes and doctors should comply with the changes to the way Tramadol will be regulated in sport. This Position Statement has been uploaded to the special topics page of the Medicine and TUE Hub on UKAD's website - <https://www.ukad.org.uk/special-topics>

As motorcycle sport athletes are not considered part of the 'National TUE Pool,' the following applies: \_

### Retroactive TUE Procedure

Athletes who are not defined to be within the National TUE Pool for their sport nor are defined to be international level do not need to be in possession of a valid TUE prior to commencing treatment with a prohibited substance or method. However, such athletes should check with their prescribing doctor prior to starting treatment that:

- the need to use the prohibited substance or method is necessary to treat the diagnosed medical condition.
- the diagnosis is supported by relevant clinical evidence such as investigations, clinical examinations, and/or test results.
- no permitted alternatives exist (the status of other possible treatment options can be assessed using Global DRO).

Athletes have five working days to make a retroactive TUE application following receiving written notification from UKAD that they have returned an AAF.

## Benevolent Fund

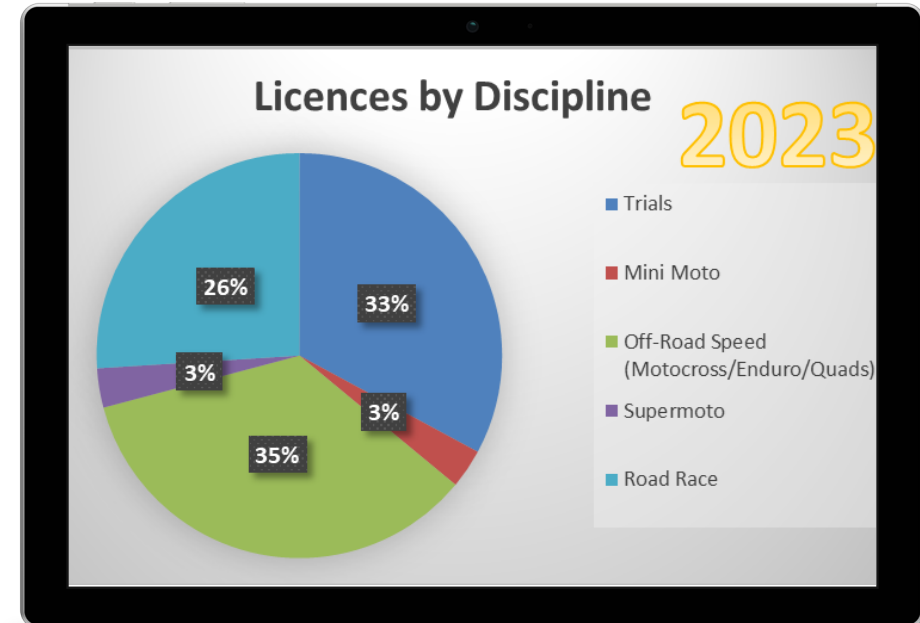
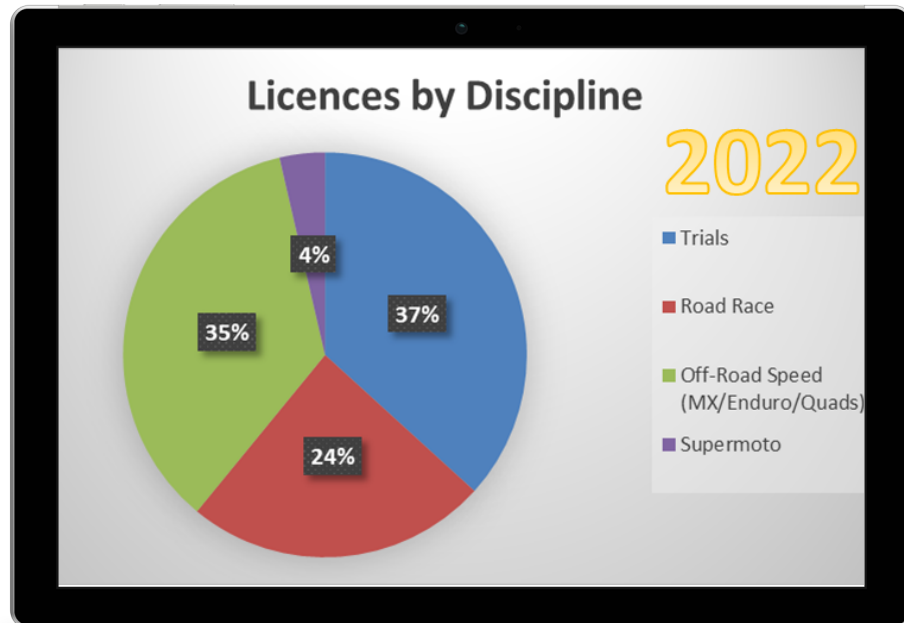
The SACU has had another successful year relating to donations towards the Benevolent Fund. During an ever-changing landscape where money is tight for many due to a number of factors relating to the cost-of-living crisis, this generosity is humbling. This year, SACU riders have donated £4319.17 to the Benevolent Fund.

To those who have donated, thank you!



# SACU Licences

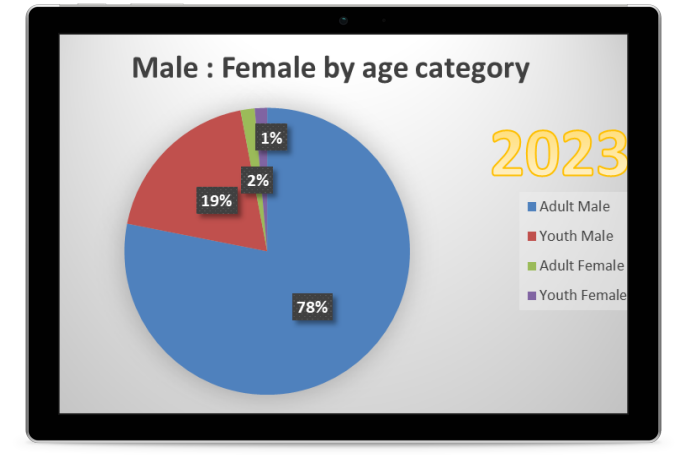
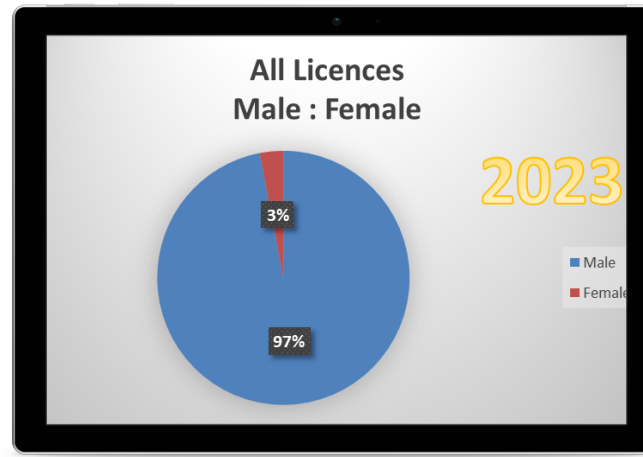
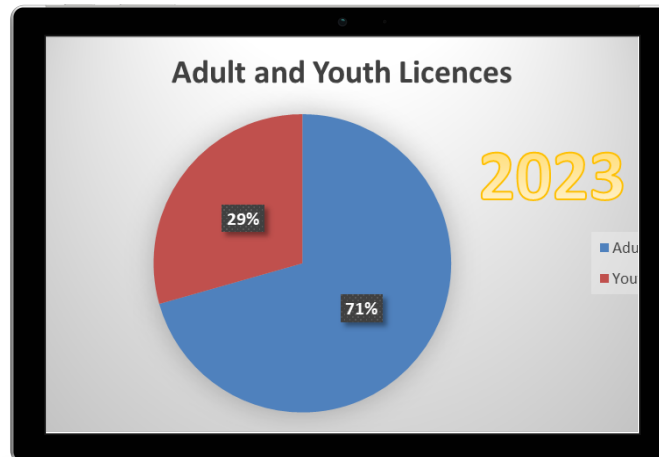
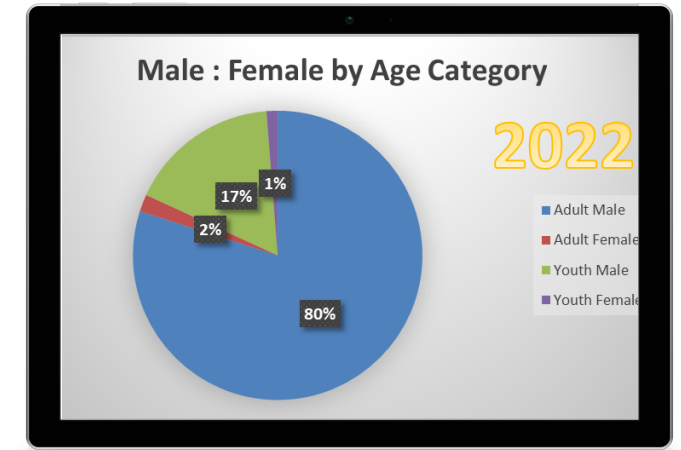
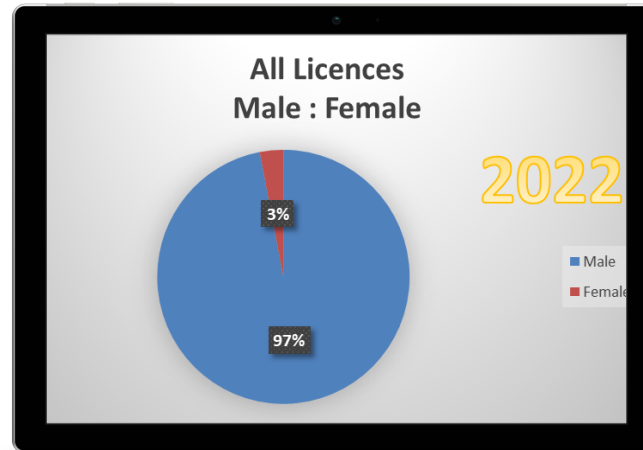
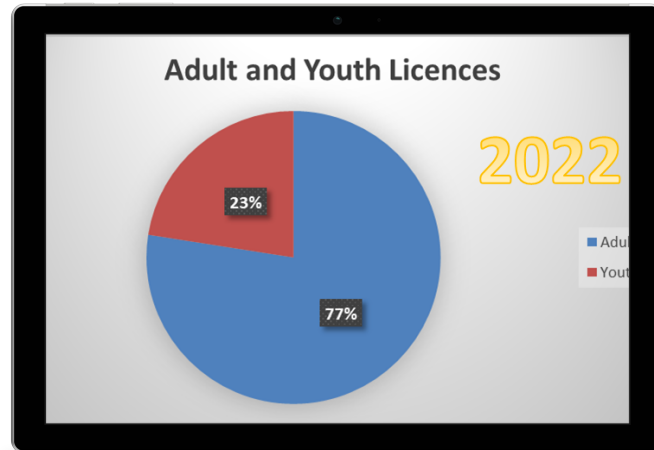
The charts below show the percentage of licences by discipline category. For comparison, the 2022 statistics have also been provided.





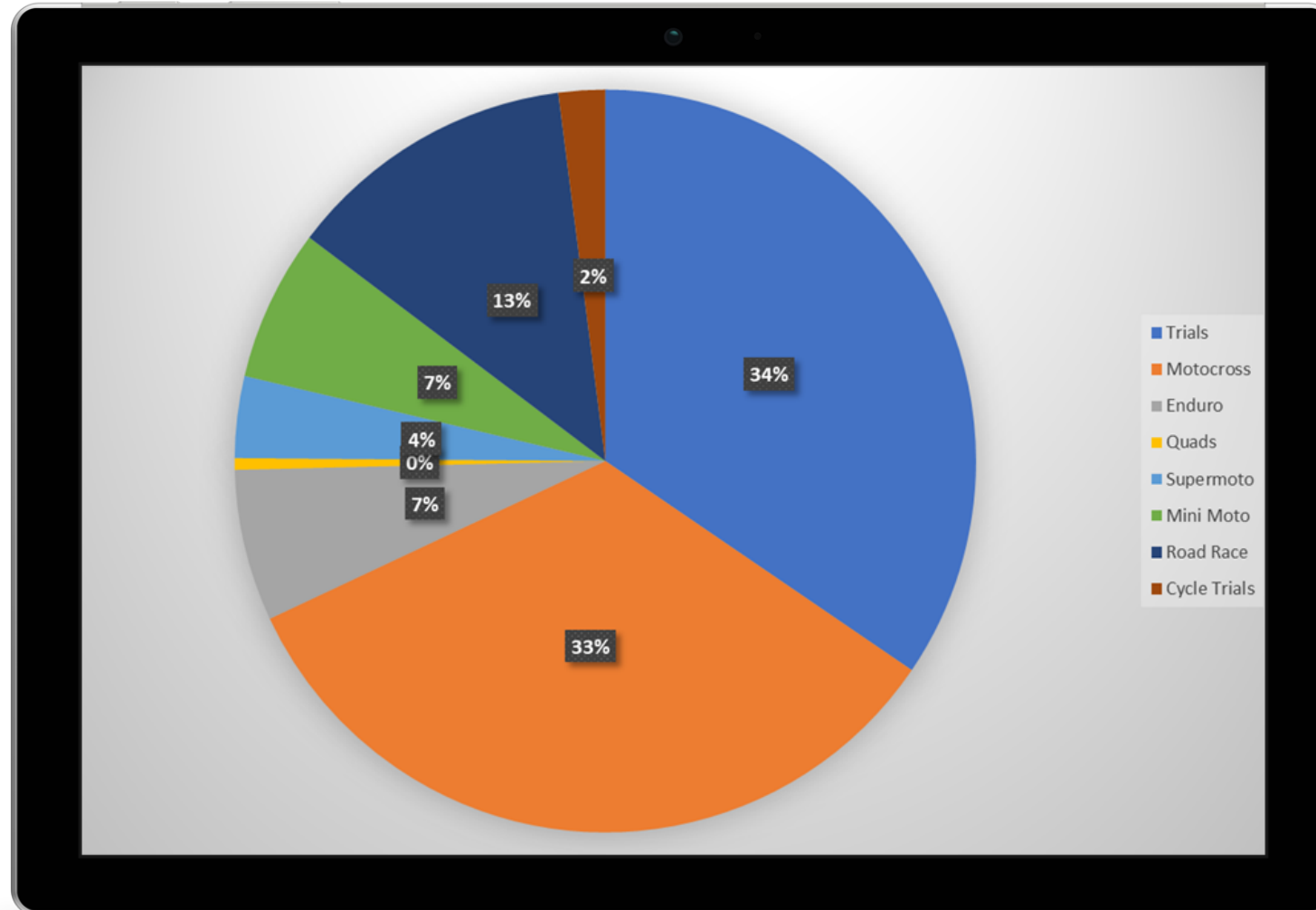
# SACU Licences

The additional information below shows the percentage breakdowns between Adult and Youth licences alongside gender.



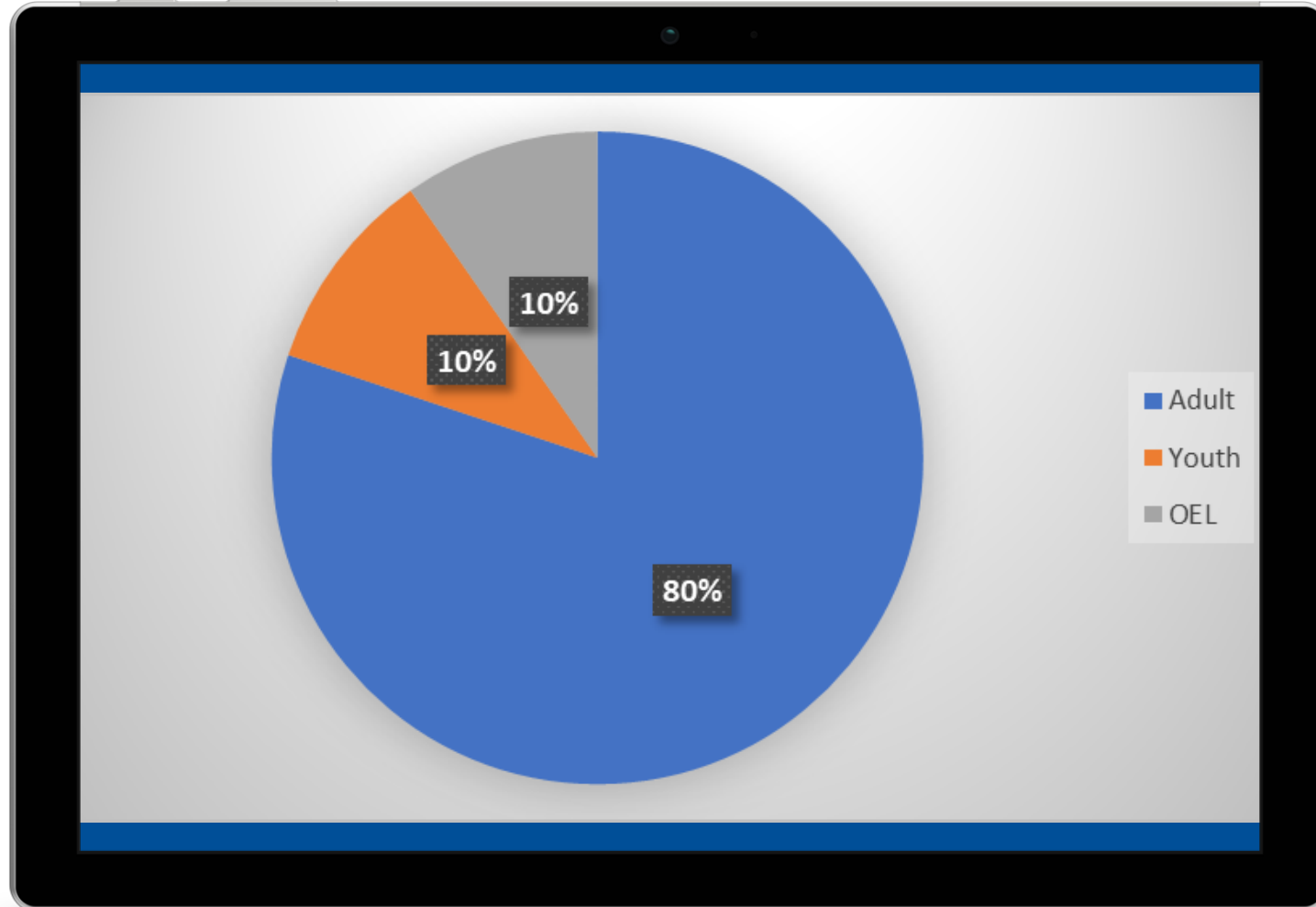
# SACU Events

The SACU have had a successful year with events running every month across the country for every discipline. The table below details the percentage of events delivered by discipline:



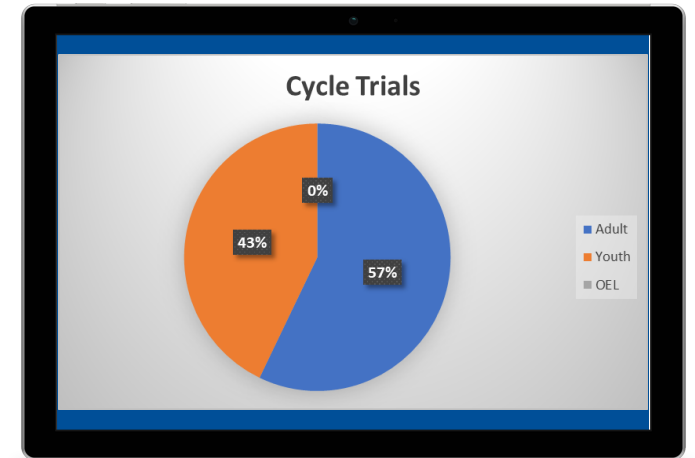
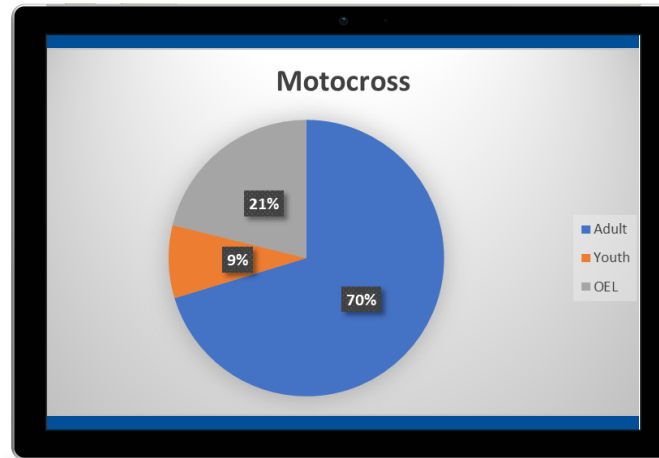
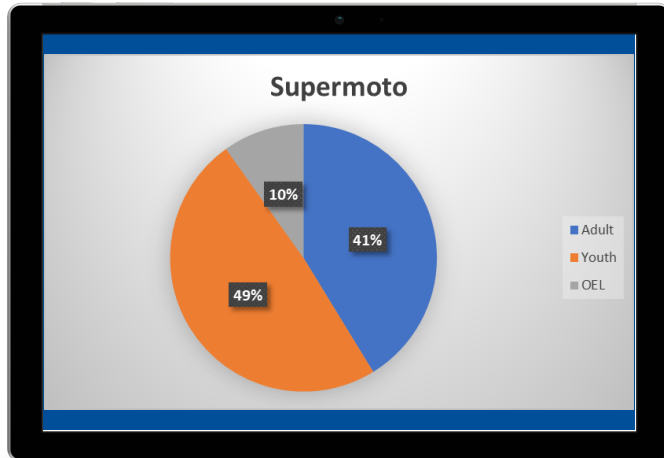
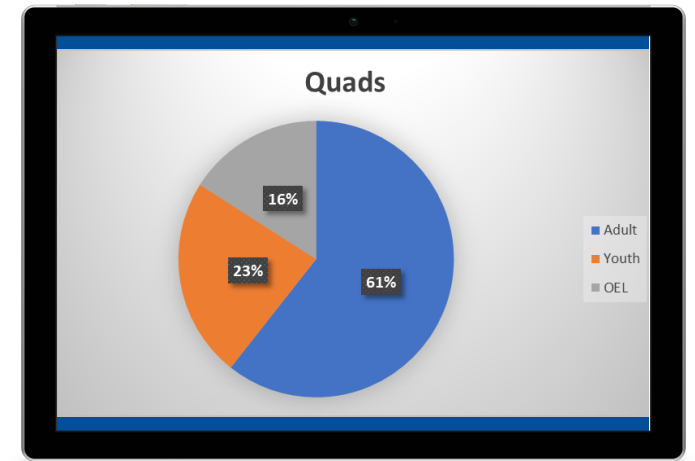
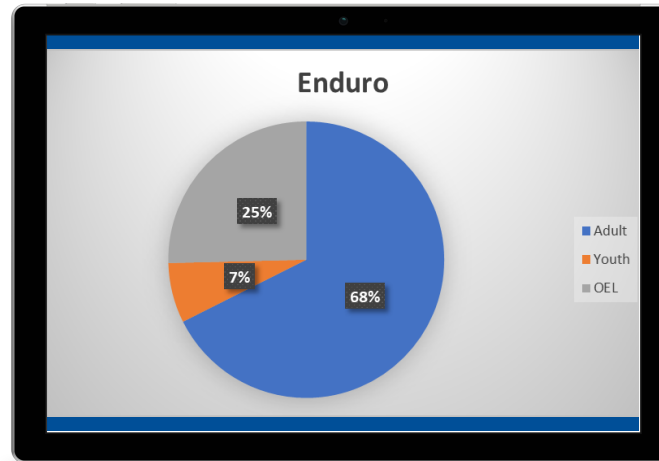
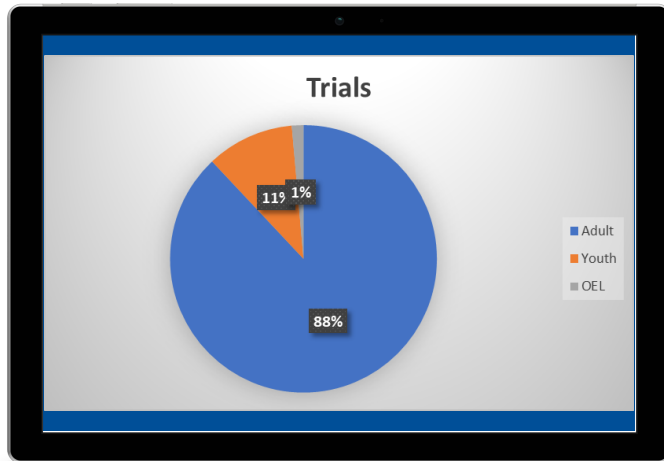
# SACU Events – Total Rides

Total rides refers to the number of entries at all SACU permitted events across 2023. The table below shows the percentage breakdown between Adult, Youth and One Event Licence (OEL) entries at SACU permitted events this year.



# SACU Events – Total Rides

The following charts detail the percentage breakdown between Adult, Youth and OEL entries by discipline.





# SACU Events – Total Rides

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