



SACU Quarterly Activity Report

January – March 2023

Date: 12/04/23

Forestry and Land Scotland Master Agreement

The SACU are excited to announce that we have negotiated a brand-new Master Agreement with Forestry and Land Scotland (FLS) which relates solely to Scotland. The Master Agreement details everything in connection with the holding of motorcycle events on land in Scotland managed by FLS. As a result of the new agreement, the costs to SACU clubs to host events on FLS land has reduced significantly. We are now priced much more fairly and in alignment with other similar outdoor activities.

Follow the link to read the full agreement: [SACU-Cycle-Master-Agreement-Final-PDF-Version-Signed.pdf](#)

Officials Training

Since the beginning of the year, the SACU have been running officials training for anyone who has been wanting to gain or renew their license. There have been participants from all disciplines who have gained their license in time for the spring/summer months. We are pleased to say we have trained over 80 officials and counting so far.

If you would like to get involved in our training workshops, please contact adam.paterson@sacu.co.uk

Coaching Motorcycle Sport Level 2

After the successful completion of our pilot Level 2 course at the end of 2022, we are excited to say we will be running the Level 2 Coaching Course again for those who have expressed interest. This will be split into online sessions followed by some tasks as well as a full day of practical delivery and First Aid training. An overview of the course has been presented below. The cost of the course is £175, and we are looking to get started next month.

If you are interested, please contact adam.paterson@sacu.co.uk.

Coaching Motorcycle Sport Level 2 Overview

- Coaching Philosophy in Practice
- Your Roles and Responsibilities and Utilising Assistant Coaches
- Reviewing a Risk Assessment and Creating a Safe Environment
- Effective Communication
- Styles of Learning and Coaching Methods (How vs What)
- Methods of Practice
- Coach-Centred Approach vs Rider-Centred Approach
- Breaking Down a Skill
- Creating a Long Term Coaching Plan
- Feedback Models

School STEM Project

In the next few weeks, the SACU will be heading out to schools (primary and secondary), to deliver our STEM in Motorsport programme. This programme is running over 6 consecutive weeks focusing on the different aspects of STEM subjects and how they relate to everyday life as well as sport and further education. We hope to inspire young students to think about what they would like to be or achieve and guide them onto the correct educational pathway which in return will lead to their preferred employment. We have also been working with partners such as Tim Bradshaw, Martin Williamson and Iain Bell who have many years experience in motorsport and experience of delivering STEM presentations in schools. If this is of interest to you and you would like the team to visit your local school, please contact adam.paterson@sacu.co.uk.

First Aid Training

Last year, the Development Team delivered the Emergency First Aid at Work (EFAW) qualification to SACU affiliated clubs. Following successful completion of the course, newly qualified EFAW First Aiders can act as First Responders in several situations requiring basic first aid which will help support casualties with minor injuries in addition to those with major conditions until emergency help arrives.

With a minimum requirement of 7 hours teaching time, the EFAW qualification can be split over multiple sessions and designed to suit the group. If you would like to arrange a course for your club or workplace, please contact gillian.sefton@sacu.co.uk

The SACU can also deliver the following First Aid related courses and qualifications:

- Activity First Aid
- Appointed Person
- Basic Life Support (BLS)
- BLS and Safe Use of an AED
- Defibrillation
- First Aid at Work
- Immediate Management of Anaphylaxis
- Oxygen Therapy Administration
- Paediatric Emergency First Aid
- Paediatric First Aid

Get in touch to find out more!



Awarded Funding

SACU Development

As you may know, the SACU currently receive £94,550 funding annually from **sportscotland**. The ongoing awarding of this funding is target-based, and it is ringfenced towards staffing and sport development related activity such as coaching, educational programmes, inclusive participation projects (e.g., aimed at young people, women and girls, disability participation etc.) and community outreach programmes.

During our Strategic Review in November 2022, we asked **sportscotland** to consider moving the SACU on to a more secure four-year funding cycle in alignment with other professional Sports Governing Bodies. During this review, we also pitched for an increase in funding to support the delivery of our [Strategic Plan](#). We are delighted to announce that both proposals were accepted. Although the specifics have still to be confirmed, the SACU will benefit from an annual uplift in funding secured over a four-year period.

Scottish Six Day Trial

The organisers of the Scottish Six Day Trial (SSDT) teamed up with the SACU Development Team early last year to work on a funding proposal for Event Scotland. After an initial meeting was set up to scope out event requirements, the team got to work on the [National Events Programme](#) application. We were thrilled to receive the news that the SSDT would be awarded £20,000 in funding from Event Scotland towards the development of their electronic scoring system, provision of an event office in the paddock and media promotion.

The National Events Programme is designed to support new, innovative projects and activity at events which meet the programme criteria. Awards of between £5,000 and £25,000 are available to events which can demonstrate alignment with key impacts such as:

- Economic: Tourism and Business – e.g. The event’s potential to attract visitors to the region during and after the event.
- Social and Cultural – e.g., Opportunities the event offers around wellbeing, participation, boosting equality outcomes, volunteering, and community engagement.
- Environmental – e.g., Evidence of the promotion of sustainable practices including use of local suppliers, encouraging active travel.
- Brand, Identity and Reputation – e.g. The event’s fit with the host region and contribution to local priorities
- Media and Profile – e.g. The potential for the event to generate media profile for the host region.

These events will have delivery budgets in excess of £20,000 and attract more than 1,000 in-person attendees, whilst showcasing Scotland’s key event and tourism assets.

There are also other funding programmes available.

If your club would like to find out more about accessing Event Scotland or **sportscotland** funding, please contact gillian.sefton@sacu.co.uk

SACU CPD

At the SACU we are committed towards the continued professional development of our staff and volunteers. Under our core value of “Supportive” we have committed towards the following statement:

“We will value our people, develop our volunteers and empower future leaders within the sport.”

Since January, SACU staff have been working hard towards their personal and professional development. Education and Development Officer, Adam Paterson, has been working towards his SCQF Level 7 Sports Educator Training qualification. He is due to complete this by the end of April. Adam has also been accepted on to the SCQF Level 8 Assessor course later in the year. This will enable him to both deliver and assess our newly created SACU coaching qualifications awarded under the SQA.

Chief Operating Officer, Gillian Sefton, has been selected by **sportscotland** to attend a funded position at the Women’s Sporting Leadership Academy at the University of Chichester in September.

The Directors of the SACU have also expressed an interest in becoming qualified to carry out UK Anti-Doping approved drug and alcohol testing. Discussions are ongoing to secure the training required to be able to deliver this service.