



SACU Quarterly Activity Report

July – September 2022

Date: 30/09/22

Coaching Motorcycle Sport Level 1

Our Coaching Motorcycle Sport Level 1 course has been designed by Riders, Coaches and Officials from across our disciplines to give you the skills needed to coach new or inexperienced riders within your club or event. The course is a blend of online, classroom learning and practical coaching.

Kingdom Off Road Motorcycle Club hosted a Level 1 course at the end of August, with 7 candidates completing the course, taking the total number of Level 1 coaches in Scotland to 29.



Coaching Motorcycle Sport Level 2

After over a year of planning, the Level 2 course is now in the final stages of development. Test learners will complete the online content in October followed by a full course pilot in November. The Level 2 will go live after the new year and can be a direct entry course but will build on content from the Level 1. If you're keen to take part in or host a course, please contact gillian.sefton@sacu.co.uk

Coaching Motorcycle Sport Level 2 Overview

- Coaching Philosophy in Practice
- Your Roles and Responsibilities and Utilising Assistant Coaches
- Reviewing a Risk Assessment and Creating a Safe Environment
- Effective Communication
- Styles of Learning and Coaching Methods (How vs What)
- Methods of Practice
- Coach-Centred Approach vs Rider-Centred Approach
- Breaking Down a Skill
- Creating a Long Term Coaching Plan
- Feedback Models

Landowner Video

The SACU Development Team and Enduro Committee have commissioned a proposal video for potential landowners to secure additional practice and competition venues. You can watch it below and view on [YouTube](#). Please feel free to share.



sportscotland theme for September – Trying New Activities

Ross' Story

It is widely assumed that the only way to get involved in motorcycle sport is to own your own bike and begin competing. However, this sport is easily accessible to people who do not have the opportunity to race.

This is the case of Ross Denholm, an 18-year-old autistic teenager. Ross has been introduced to motorsport as a child, thanks to his father, Colvin. Ross has always had a strong desire to compete in races, but due to his disability, he has been unable to pursue a career as a rider. Fortunately for Ross, his father has spent years actively participating in motorcycle sport, so Colvin found a way to give his son an active role in races. This is how Ross started covering an active role in races as a Marshal.

The day Ross got told that he could marshal for the first time, his excitement was unmeasurable. On his first day a few months ago, he felt really nervous, but the excitement of being so close to riders and to have an active role in the race overcame any every fear. He started marshalling few months ago, but since that day Ross has fell in love with his role and has never missed a round of the Scottish Championship Bike Racing. "I love being a Marshal. It is a role with responsibilities, and it is essential for the race. This role allowed me to get new skills and it is exciting to me to help the staff and the riders when it is necessary", Ross said.



There is no doubt that Ross enjoys his job, not only because it allows him to observe motorcycle sport closely and from a very different perspective. Ross enjoys his role because it has enabled him to make positive changes in his life. In fact, since he began marshalling, Ross has met many wonderful people, ranging from marshals to those working in the paddock and other areas of the circuit. This assisted Ross in gaining confidence in himself when approaching someone he doesn't know. Ross has become indispensable to the Marshal's team as a result of his dedication and hard work.

Ross believes that anyone can find their way into motorcycle sport. Ross believes that this sport can encourage other people with disabilities to participate. "Go for it!!" advises Ross. "There are numerous ways to get involved if you enjoy motors and want to be a part of this discipline. You can start by being a Marshal, serving food, or even competing if you have a bike. The only thing that matters is that you start and have fun."

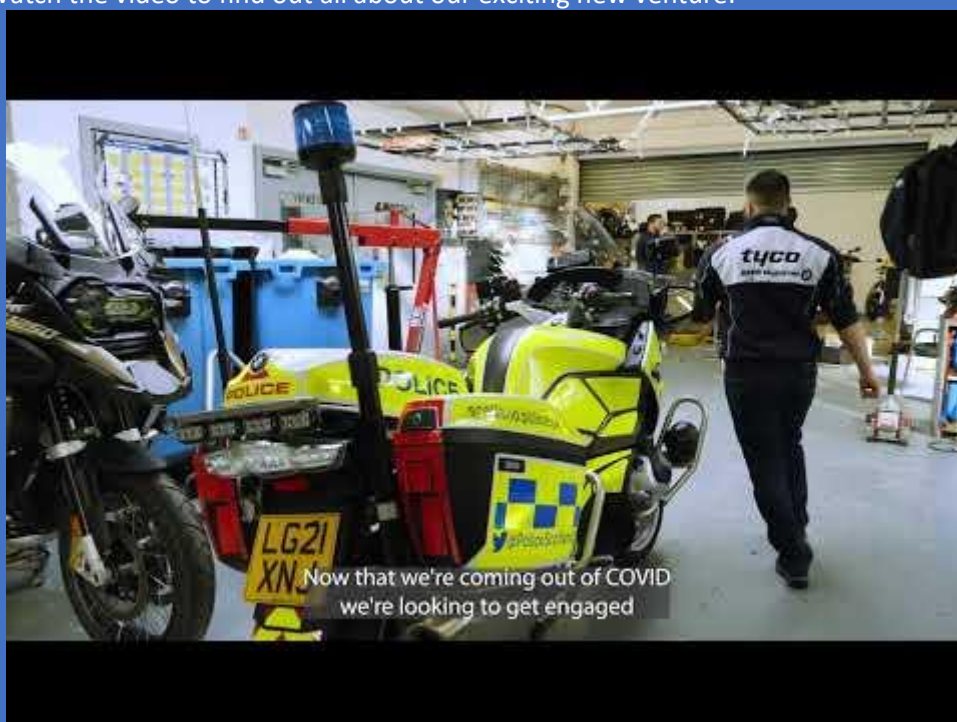


Ross is also extremely enthusiastic about Formula One. His greatest ambition is to become a commentator in this field, which is why he enrolled in the Media and Broadcasting course at college. Ross intends to continue marshalling at races during his studies, as this activity allows him to spend time also with his father Colvin and his mum Ruth, who prepares cakes for riders and marshals. Ross's sister, Naomi, obtained her passenger licence for Sidecars this year. This is motivating Ross to get the licence as well. Doing so will allow Ross to be a passenger for Sidecars, a role that his father has filled for many years.

Thank you to Alessandro Mazza for writing this article and Bruce Miller for the photographs.

School STEM Project

The SACU Development Team have partnered up with Team MotoJoe to launch our School STEM Project. Watch the video to find out all about our exciting new venture:



The Development Team are now ready to go out and start delivering this exciting new programme and currently have three schools signed up – Quarry Brae Primary School, Castlemilk High School, and Linlithgow Academy. If you would like the team to visit your local school, please contact gillian.sefton@sacu.co.uk

KPMG Governance Review

As part of our Partnership Agreement with **sportscotland**, the SACU are required to undergo a full KPMG governance compliance audit every four years. Having completed the full audit process in March 2020 with 9 recommendations in the satisfactory rating, we were called in for a mid-term review in September to check progress against targets. The Chief Operating Officer and Board Chairperson conducted the audit field work and interviews during the week commencing Monday 26th September. The mid-term review went well, and the initial feedback has been positive. We are currently awaiting the final report and official results which we hope to receive back from KPMG in the coming weeks.

Saying Goodbye to Shabaz

After 3 years with the SACU, Shabaz will be leaving his role as Learning and Development Manager (LDM) on Wednesday 5th October. Since joining the SACU as National Development Officer (NDO) of the Scottish Motor Sports partnership, Shabaz has gone from strength to strength within his role and has delivered above and beyond his original remit. Shabaz has worked closely with our clubs, helping them to recruit volunteers, grow their events, create promotional campaigns, and secure funding from national agencies. He has also been instrumental in creating the new SQA accredited SACU Level 1 and 2 Coaching qualifications. His work in this area gained him his promotion from NDM to LDM. He has also been working with the discipline committees to streamline and improve Officials training. The new, interactive, more user-friendly training is due to commence in the coming months.

Speaking about his time at the SACU, Shabaz commented.

“I’ve really enjoyed my time in motorsport and would like to thank the riders and clubs for welcoming me into the motorcycling community. While the last couple of years has been challenging, it has provided an opportunity to begin making impactful change within the SACU and its clubs. This is more of a ‘see you later’ than a goodbye, as I plan to become part of the coach education workforce and help deliver coaching courses on a sessional basis on behalf of the SACU. I’d like to thank Gillian, Stella, and Sandy for all their support and effort and wish my successor all the best in their new role.”

Whilst we are sad to see Shabaz go, we wish him all the very best in his new role as Education and Training Manager at Scottish Sports Futures.

The SACU had 9 applications for the advertised role of Education and Development Officer set up to replace Shabaz. Interviews are being held on Friday 7th October. Stay tuned to find out who will be joining our biker family!