

SACU Quarterly Activity Report Jan – March 2022

Date: 31/03/22

Its 2022 and events are back up and running, licence renewals are coming in and we are qualifying new coaches through our SQA accredited level 1 qualification. We have also teamed up with Team MotoJoe #BecauselCan to deliver in schools across the country and have exciting plans for the year ahead.

Licence Holders

At last count there is a staggering 38% increase in SACU licence holders from the previous year, the most we have ever had in the history of the SACU. We want to say a massive thank you to every one of you for supporting our wonderful sport and continuing to #GetInvolved.



Having listened to the clubs and their respective members the SACU have invested in the creation of the new online membership system, making the process more time and cost effective to the clubs, officials, and riders. With ongoing annual licence renewal processing at present, the office has noticed an increased number of enquiries relating to this. Please refer to the information on the website before contacting the office, as most information requested is visible here - https://www.sacu.co.uk/riders-portal/

Discipline Committee Update

Following the Board of Directors meeting on Monday 21st March each discipline has the following update:

Road Race

• 30 Clubman Solo riders and 6 Sidecar riders and passengers attended the first New Rider Assessment of the season on the 12th – 13th March. All individuals achieved their SACU licence.

Motocross

• Round 1 of the MX Championship ran successfully at Tain over the 19th-20th of March with riders highlighting that they are glad to be back and looking forward to the season ahead.

Quads

• The first planned event will be 30th April - 1st May at Duns to kick off the season.

Trials

• First round of the Classic Championship was held successfully in March.



- The Pollock Memorial Trial had a good turnout with 130 entries.
- Bon Accord MC have also held their first Trial of the season.

Enduro

• First Hare and Hound event ran from 19th-20th of March and was well attended by 176 riders, 20 of which were youth riders.

Supermoto

• Scottish Supermoto held the Warmup Round at Crail on March 13th with the 2021 Awards being presented by SACU Chair Maj. Sandy Mack to riders following the event.





Head to https://www.sacu.co.uk/news-events/ to find all the latest news and upcoming events.

Promoting Motorcycle Sport

#GetInvolved Series

The SACU have produced a short video discussing the marshals, benefits to marshaling and how to #GetInvolved. Watch the promotional video here.

A second film discussing other ways to volunteer is due to release shortly.

Scottish Motorcycle Show

The SACU were invited to the BeMoto Scottish Motorcycle Show, Ingilston in March to promote our sport, discuss some projects that are being delivered this year and collect aid for our Emergency Ukraine Appeal.





It was great to see some of our clubs; <u>Kirkaldy and District Motor Club</u> and <u>The Galloway Motorcycle Club</u> with stands of their own. The Galloway Motorcycle Club took the opportunity to sell several raffle tickets for a chance to win a Brand New 2022 Montesa 301 which will be awarded at The Drumlanrig Offroad Motorsport Festival running 16th-20th June 2022.





SACU Podcast

January saw the latest episode of the Turf n Tarmac podcast featuring British Superbike and Superstock rider Lewis Rollo where he talks about starting at the age of 5 on a mini moto bike, his family's motorcycle sport history and those that have supported him along the way. You can watch the video on YouTube and Stream on Spotify. The team are currently recording and editing with more guests and are looking for more people to interview. So, whether you want to make an appearance yourself, or you would like to nominate your biggest inspiration, coach, volunteer, or whoever else it may be, we would love to hear from you, please contact podcast@sacu.co.uk

Schools STEM Programme

The SACU have teamed up with Team MotoJoe #BecauselCan to deliver STEM workshops in schools across Scotland. Discussions are taking place within 3 local authorities and the development team are creating plans for each delivery as this will be tailor made depending on each school's individual needs. Watch the STEM programme promotional video here for more information and please get in touch if you would like us to visit your local school.



Training and Education Level 1 Coaching Course

March saw eight more coaches complete the SACU Level 1 Coaching Motorcycle Sport award, hosted at Glenlomond Farm. The course was created last year and is fully accredited by **sport**scotland, the Scottish Qualification Authority (SQA) and The Chartered Institute for the Management of Sport and Physical Activity (CIMSPA). On completion of the course, coaches will receive the SQA qualification *Sport Coaching Award: Assisting in Coaching Sessions (SCQF L5)*, which is the SACU's entry level accredited coaching qualification. When accredited, coaches are covered under SACU insurance when operating at a SACU permitted event. The course is run over two days as well as some pre course tasks that are completed online. There is also a pre course online video call to introduce the course leader, other attendees and explain how everything works. Coaches are also provided an account to our e-learning platform where they can access useful resources such as 'how to' videos, coaching checklists as well as templates such as coaching session, warm up and cool down, risk



assessment, and personal coaching action plan. The SACU are currently planning additional courses to be run throughout the year. If you would like to be added to the mailing list or would like to request a course be run at your venue, please contact Shabaz.khan@sacu.co.uk





It is important to note that the new format will take over from the previously unaccredited seminars that have been offered in the past. The new format will be the new standard for those looking to coach motorcycle sport in Scotland. The SACU understands that there is a process of transition, which takes time and as such are looking for all previous coach licence holders to undergo the new coaching qualification within 2022.



First Aid

The development team have recently completed The 5-Day Advanced First Aid Instructor Training Course that allows them to deliver a range of courses including First Aid, Defibrillator, Oxygen Therapy and Anaphylaxis Management Training to our clubs and riders. There are no confirmed dates for delivery yet, but these will be released soon, so keep an eye out and contact Shabaz.khan@sacu.co.uk for more information and to be added to the waiting list.

