



SACU Quarterly Activity Report

April – June 2022

Date: 30/06/22

It's been a busy few months for SACU staff, clubs and volunteers alike. Since our last update in March, SACU clubs from all disciplines have hosted a huge number and variety of events. The SACU have also been working to licence coaches through our newly accredited SCQF qualification. Currently, 2 have successfully completed the process with another 19 ready to qualify in the coming months. Within the Training and Education Framework, the SACU have also recently qualified 10 new First Aiders. In addition to this, the SACU and affiliated clubs have secured new venues and new world champion level riders. Read on to find out more!

SACU Development Team Out and About

The Development Team have been to a number of events over the past few months, they've been working alongside the clubs and event organisers to aid with event planning, promotion and funding applications.

On the 16th of April, Shabaz visited East Fortune Racing Circuit during the Road Race and Side Car Championship. Shabaz and SACU Vice Chair Gordon Dingwall had a very productive discussion about how to develop Road Race and Side Car in Scotland, more details to follow in the next update.

At the end of April, the Development Team travelled to Kinlochleven and Fort William to visit the organising clubs of the Pre'65 and Scottish Six Day Trials. During their visit, they discussed how they could support future events and have begun putting plans in place for 2023.

At the beginning of May Shabaz visited the Quad and Side Car Racing event at Duns Motocross Track where a planning meeting for next year's event took place. There is a lot of exciting development in this area so keep your eyes peeled!



In June, Gillian and Shabaz attended The Drumlanrig Offroad Motorsport Festival where they helped with media liaison, coordinating castle tours and promoting the sport to festival goers. The team have been heavily involved in securing additional funding for the event through the Event Scotland National Events Programme. Find out more at <https://www.visitscotland.org/events/funding/national-events>



The event was a great success with thousands flocking to the iconic Drumlanrig Castle to ride and spectate in classic scrambles, trials, enduro, electric mountain biking and offroad adventuring. Additionally, event goers enjoyed the various trade stands on offer, a farmers' market, castle tours, a 'Come and Try' training arena and many other activities provided by the Castle and club. It really was a spectacle not to be missed. Keep an eye on our website and social media pages in the coming months to find out how to get involved next year!

New Road Racers

On the 3rd of April and 24th of May at Knockhill Racing Circuit a Rider Development Session and New Rider Training/Assessment (Solo & Sidecar) took place. 13 riders passed their new rider assessment and were awarded their SACU licence to compete.



KORMC Open Day

Kingdom Off Road Motorcycle Club (KORMC) have recently taken over Cardenden Motocross Track. The Development Team attended the official opening day on Saturday 25th June. The club put on a variety of activities for members, partners, guests, and visitors including motocross and trials demonstrations, kids' inflatable bungee run, bouncy castle, face painting and trade stands. KORMC have also recently launched their community bonds initiative with 7 weeks to reach their target of £20,000. Community bonds allow investors to support the charity, track, and sport along with a guaranteed financial return. More info at https://scotcomfinance.scot/community_bond/2022-kingdom-off-road/?fbclid=IwAR0uiNRE-zMDauMR6GRG4sfrbSPqoFccX70bhqO7fWenCHRie--9fJYa9KI



Celebrating Success

Scottish riders have been collecting vital points, podium finishes and medals across the world recently. The SACU would like to say a massive congratulations to each of them, it is great to see their commitment being rewarded!

- Jamie Galloway - First Place at The World Trials 125 Championship in Andorra
- Rory Skinner - 2 Podiums, 1 Pole Position and the all-time lap record in The British Superbike Championships at Knockhill Racing Circuit
- Steven Kershaw – Race 2 Winner in the FIM Sidecar World Championship at Automotodrom Grobnik, Croatia

Sincere apologies if we've missed you out. Get in touch and we'll celebrate your success too!

To be featured in upcoming newsletters and social media posts, contact office@sacu.co.uk or share your news directly to our website - [Submit a news article | Scottish Auto Cycle Union \(sacu.co.uk\)](#)



First Aid

The Development Team delivered an Emergency First Aid at Work (EFAW) course to 10 club members from KORMC in June. Following their successful completion, the newly qualified EFAW First Aiders can act as First Responders in several situations requiring basic first aid which will help support casualties with minor injuries in addition to those with major conditions until emergency help arrives.

With a minimum requirement of 7 hours teaching time, the EFAW qualification can be split over multiple sessions and designed to suit the group. If you would like to arrange a course for your club or workplace, please contact Shabaz.khan@sacu.co.uk

The SACU can also deliver the following First Aid related courses and qualifications:

- Activity First Aid
- Appointed Person
- Basic Life Support (BLS)
- BLS and Safe Use of an AED
- Defibrillation
- First Aid at Work
- Immediate Management of Anaphylaxis
- Oxygen Therapy Administration
- Paediatric Emergency First Aid
- Paediatric First Aid

Get in touch to find out more!



Internship Programme

The SACU has developed a strong internship project which is managed by Learning and Development Manager, Shabaz Khan. The programme provides sport development experiences to university students within a range of subjects including sports management, event management and tourism. In May, Glasgow Caledonian University student Alessandro Mazza joined the development team where he worked closely with Kenny Harper from The Galloway Motorcycle Club to promote the Drumlanrig Offroad Motorsport Festival online. Following completion of the 2022 event, Alessandro has now shifted his focus towards working with the club and Shabaz to create a social media strategy for 2023. Additionally, Alessandro will work with the Development Team and SACU Chair, Sandy Mack, to plan and deliver the FIME Trials Championship Round in August.



New Motorcycle Sport Venue

On the 29th of June Edinburgh Monarchs Speedway announced their plans to build a brand new 1500-seater Community Stadium in West Lothian. More information and the full story can be found here - <https://www.edinburghmonarchs.co.uk/news-centre/article/2022-06-29/Monarchs-announce-plans-for-west-lothian-community-stadium?fbclid=IwAR3RjrMEqTitNDpauzvm0sEIJQmDTvy0hoGkmRyhSGcQV7z-X4yN65H7yAY>

The Development Team have been working with the Edinburgh Monarch's community programme, 'Monarchs Speedway Academy,' to develop their youth training project, qualify their coaches, provide PVG services and secure additional funding for the project and facilities.



COV Awards

Nominations for the Coaching, Officiating & Volunteering (COV) Awards 2022 are now open! If you know someone who's made a positive impact on their sport, club, school or community, the COV Awards are a chance to recognise their invaluable contribution.

It has been a busy year for coaches, officials, and volunteers, and it has been amazing to see everyone involved in sport adapt and rise to the challenges following Covid-19, working to make sport inclusive and welcoming for all participants.

Nominating someone for a COV Award is an opportunity to recognise and thank your coaches, officials, or volunteers, as well as raise the profile of your sport, club, school, or organisation.

All nominees will be contacted to thank them for their hard work and contribution to sport. The winners will be shortlisted and celebrated at a special awards ceremony in October.

The deadline for nominations is Wednesday 13th July

Find out more and nominate at www.sportscotland.org.uk/covawards



Coaching Motorcycle Sport Level 1

Our Coaching Motorcycle Sport Level 1 course has been designed by Riders, Coaches and Officials from across our disciplines to give you the skills needed to coach new or inexperienced riders within your club or event.



The course is a blend of online, classroom learning and practical coaching.

If you would like to sign up for the next Level 1 course, please contact shabaz.khan@sacu.co.uk to be added to the waiting list.

The SACU are also looking for new venues to deliver our coach education course, so if you would like to host a course please get in touch.

Coaching Motorcycle Sport Level 1 Overview

- Coaching Philosophy
- Your Roles and Responsibilities
- Conducting a Risk Assessment
- Effective Communication
- Styles of Learning and Coaching Methods
- Breaking Down a Skill
- Coaching Checklist
- Feedback Models
- Creating a Personal Coaching Action Plan

